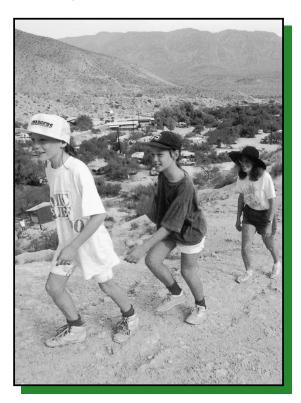
## Agua Caliente Regional Park



### County of San Diego Department of Parks and Recreation

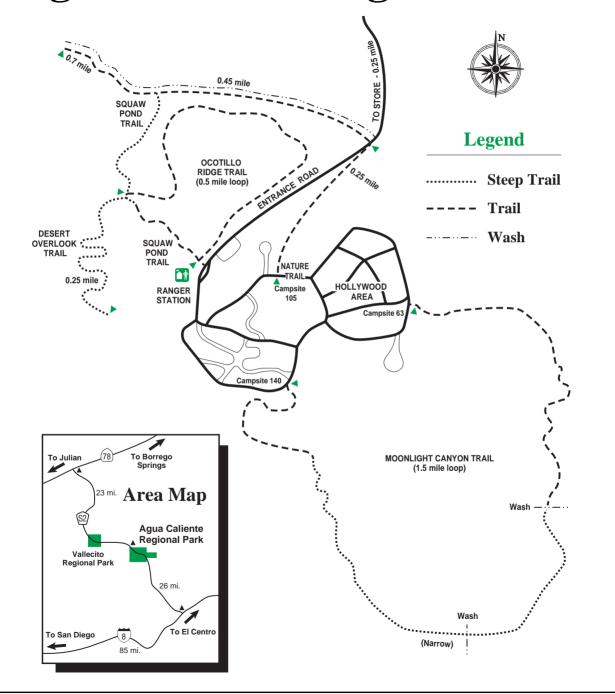
#### Reservations:

2454 Heritage Park Row Old Town San Diego, CA 92110

San Diego County (Toll Free) (877) 565-3600 Outside San Diego County (858) 565-3600 Information: (858) 694-3049

www.sdparks.org

# Agua Caliente Regional Park



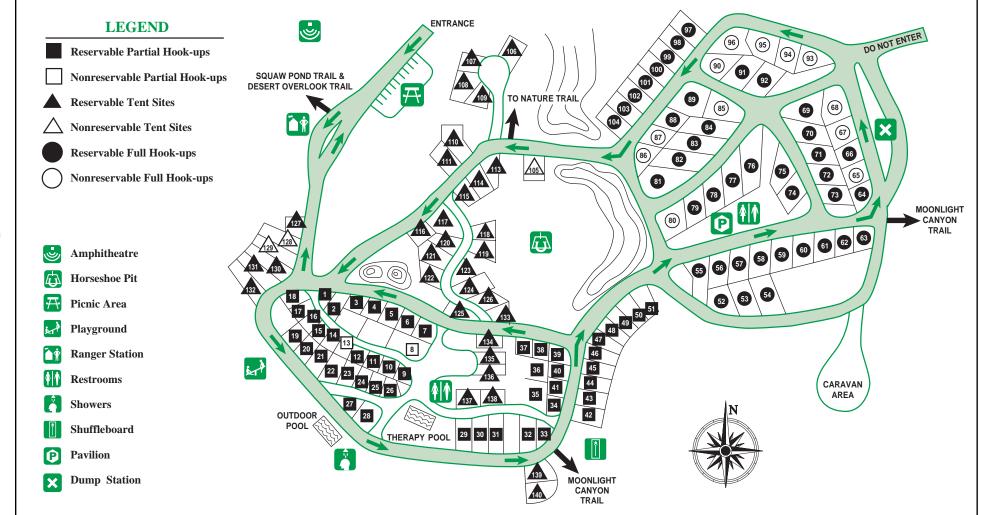
## Welcome to Agua Caliente Regional Park

T t seems an unlikely **I** spot, but in the desert 111 miles from San Diego is the county's Agua Caliente Regional Park. Best known for its geothermally heated springs, it attracts visitors eager to soak in the soothing mineral waters. But Agua Caliente offers far more than therapeutic pools. There are spectacular vistas that await campers and picnickers alike, and hikers will enjoy miles of trails that meander through the park's canyons and across its hillsides. During the height of its season. September through May, this is one of the county's most popular parks.

### A Haven in the Desert

Water in the desert is an irresistible magnet

to life. Centuries ago, the Kumeyaay Indians were initially attracted to the springs at what we now call Agua Caliente ("hot water" in Spanish). Spanish explorer Juan de Anza was the first European to visit the area, in 1775. In more recent times, the springs at



Agua Caliente were used by pioneers, soldiers, and prospectors.

The seismic activity that long ago shaped the Tierra Blanca Mountains (and created the fault that runs beneath the park) also enabled water to come to the surface and form the park's natural springs. A wide variety of wildlife is attracted to these springs, including ground squirrels, foxes, coyotes, bobcats, and mountain lions. The relatively abundant water supply also supports lush plant life, such as mesquite, willows, Washingtonia palms, and

acacias. Depending on the season's rainfall, wildflowers and succulents sometimes put on a colorful show in early spring.

#### **Facilities**

Two naturally fed pools provide different ways of enjoying the park's mineral water: a large outdoor pool is a natural 90°, and an indoor pool is heated to 102° and outfitted with Jacuzzi jets. Many of the 140 campsites have full or partial hookups, and spring-fed warm showers are available. A caravan area can accommodate large groups. A small picnic area is perfect for day users. Hiking trails, horseshoe pits, shuffleboard courts, and a children's play area offer the visitor plenty to do in the 910-acre

park, which is open from Labor Day to Memorial Day. Surrounding Agua Caliente is Anza-Borrego Desert State Park, the largest state park in the country. It will provide additional adventures for visitors who come to explore San Diego's marvel-filled desert.

### PARK REGULATIONS

Fires: Must be confined to existing stoves or fire rings.

Pets: For the protection of wildlife, pets are not permitted.

**Waste Water:** Please dispose of all waste water in an approved dump station, never on the ground. See ranger for exact locations.

**Vegetation and Natural Features:** All plants, animals, natural features, and archaeological resources are fully protected and may not be damaged, injured, or removed. Please do not gather firewood from within the park.

**Trees:** Do not tie or hang ropes, wire, or tents to trees. Do not drive nails, screws, or staples into trees.

Generators: Use of generators is prohibited.

**Noise:** To insure each park guest's pleasure and peace, quiet hours are from 10:00 p.m. to 7:00 a.m. Of course, excessive noise or loud music are discouraged at all times.

**Firearms and weapons:** Firearms, fireworks, and weapons are not permitted in County Parks.

**Youth:** All persons under 18 years of age must be accompanied by a legally responsible adult with medical authorization for each child while camping in the park.

**Alcoholic Beverages:** Alcoholic beverages are permitted providing the alcohol content does not exceed 20%.

**Fees:** Campsite fee pays for one vehicle or "camping unit." A second passenger vehicle is allowed per site, with the payment of an additional fee. No more than two tents per site.

**Vehicles:** No off-road activity is allowed within the park. All vehicles operating within the park must be street licensed. Contact the ranger concerning rules regulating off-road activity in the surrounding area.

Checkout time: 1:00 p.m.

